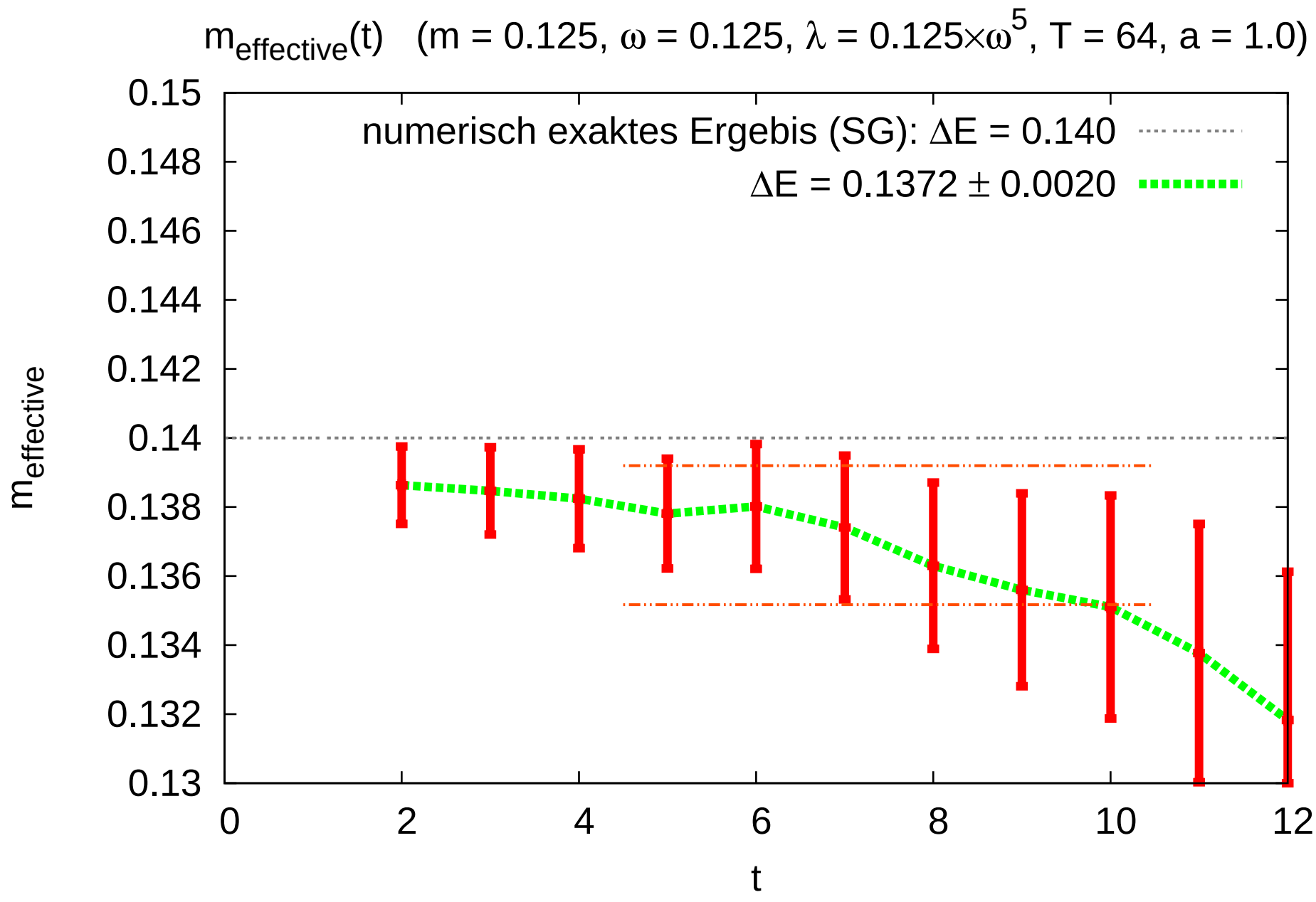
$m_{effective}(t)$ (m = 0.125, ω = 0.125, λ = 0.125×ω^5, T = 64, a = 1.0)
numerisch exaktes Ergebis (SG): ΔE = 0.140
ΔE = 0.1372 ± 0.0020
$m_{effective}$
t
0.15
0.148
0.146
0.144
0.142
0.14
0.138
0.136
0.134
0.132
0.13
0
2
4
6
8
10
12